



Dear Parents

QES and QESstudio SPONSORED WALK 2018

This year's sponsored walk will be held on **Thursday 19th July**. We hope it will prove yet again to be a challenge for many, a valuable social event, and a useful fund-raiser for charities and the school access fund.

Attached to this letter is a sponsor form for pupils to collect sponsors.

The day is organised by staff who will be marshalling the route and dealing with any medical or any other problems that may arise. A large number of staff will also be walking with the children. We leave school at 8.45am. The route is Devil's Bridge, High Casterton, Brownthwaite, Bull Pot, Barbon Beck, Barbon, Underley Estate, back into Kirkby Lonsdale & QES. Safeguarding protocols mean that parents who have not been through safeguarding training in school will be unable to join the walk.

As far as possible we are avoiding main roads and keeping to footpaths. As some of the walk is cross-country, feet can get wet. **Uniform is not required.**

Walkers should wear:

- trainers (or walking boots) with socks (spare socks might be useful)
- suitable clothing for walking including trousers (not jeans)
- a hat if it is likely to be hot

Walkers should carry a light bag, preferably one that leaves hands free, containing:

- a waterproof outer garment
- a packed lunch (unless on free meals, when it will be provided)
- a drink in a non-glass container (one that can be filled at a water point)
- plasters and **sun cream**
- Pupils who suffer from asthma must bring their inhalers and show them at the morning registration point

As acknowledgement that you have read this letter, and give permission for your child to take part, please sign their homework planner on the page of the sponsored walk (Thursday 19th July).

MEDICAL

Please inform us if your child has a medical condition that we do not already know about. If you do not wish your child to take part due to this condition, please inform Mrs Leadbitter in the school office. If your child is not walking they can study at home for the day but must not be 'out and about' in public places.

Your help would be appreciated in encouraging the speedy collection of sponsor money. We ask for this to be handed in to form teachers on the first day back in September.

Yours sincerely

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